



# Health check-up for work permit application



# CAREPLUS CLINICS





# Work permit application

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- As per Circular 11/2016:
  - ... need to complete a health check-up at the approved medical centers
  - ... the health certificate is valid in 12 months

(work permit renewal every 2 years)

# Health check-up for Work permit...

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- As per Vietnam MOH regulation, a Health Check-up must:
  - .... include multi-specialties examination (surgeon, dermatologist, ENT, ophthalmologist, dentist, internal medicine..)
  - ... but not many imaging and laboratory tests (just X-ray, full blood count, blood sugar, and urine test)
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# Health Certificate for work permit application

→ List of approved clinics/hospitals:

- Van Hanh hospital
- FV hospital
- **CarePlus Clinic**
- An Sinh hospital
- Raffles clinic
- Columbia Asia clinic
- ...



# A proper Health check-up for the expat...

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- A regular screening to early detect all essential health issues before it becomes severe
- To have a “marking” of your health status when you come to Vietnam
- Infectious problems such as Hepatitis B virus and Helicobacter pylori is very common in Vietnam → prevention is advised.



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# A proper Health Check-up...

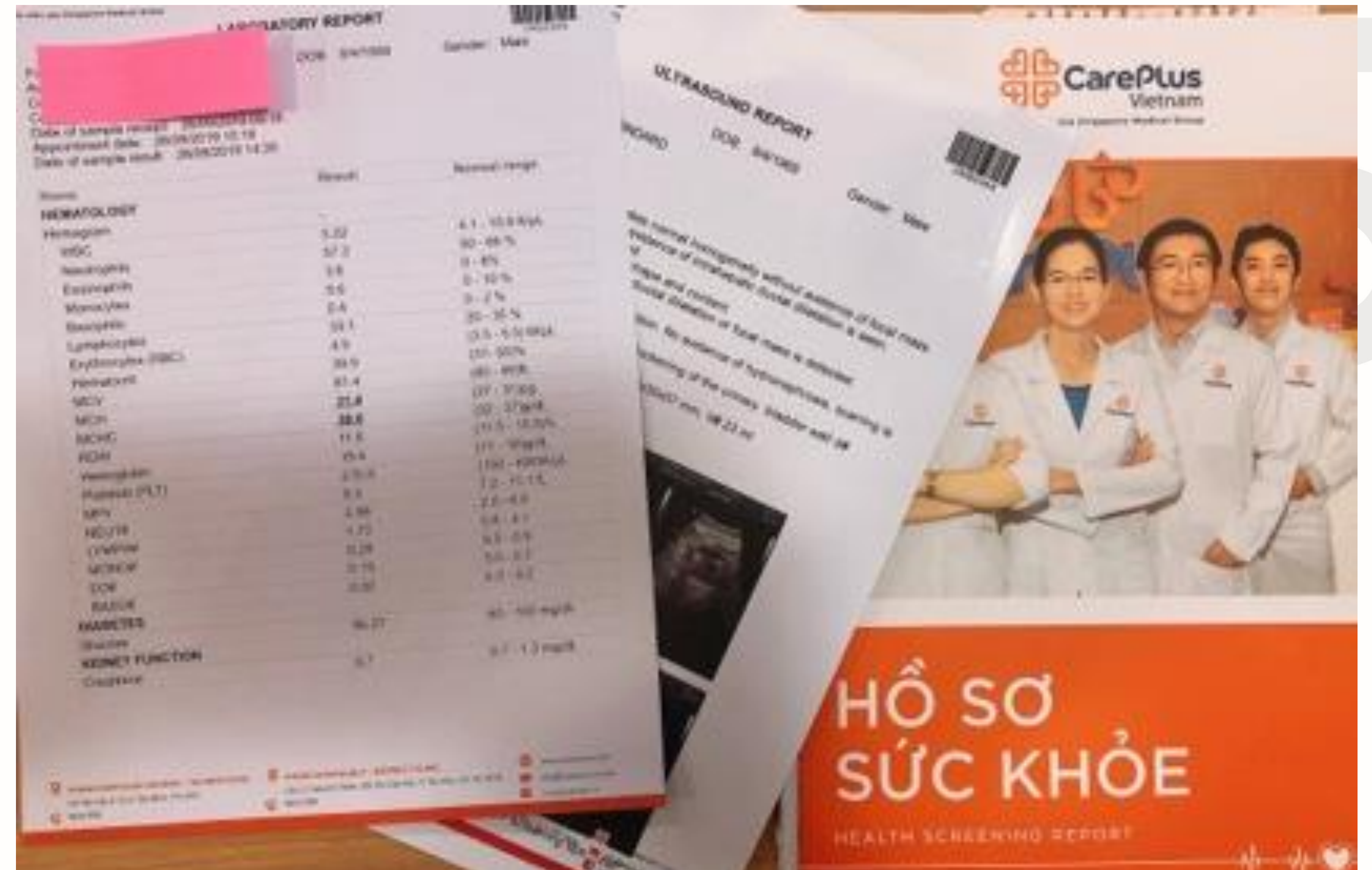
 <b>SPECIALIST CONSULTATION</b> <i>Bác sĩ khám và tư vấn</i>	6 items	7 items
<ul style="list-style-type: none"> <li>• Medical history</li> <li>• Internal medicine</li> <li>• Dental care</li> <li>• Eye exam</li> <li>• Ear - Nose - Throat</li> <li>• Gynecology</li> <li>• Dermatology</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>×</li> <li>✓</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> </ul>
 <b>IMAGING</b> <i>Chẩn đoán hình ảnh</i>	3 items	4 items
<ul style="list-style-type: none"> <li>• ECG</li> <li>• Chest X-Ray</li> <li>• General ultrasound</li> <li>• Heart ultrasound</li> <li>• Breast ultrasound</li> <li>• Thyroid ultrasound</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✓</li> <li>✓</li> <li>×</li> <li>×</li> <li>×</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✓</li> <li>✓</li> <li>×</li> <li>✓</li> <li>×</li> </ul>
 <b>LABORATORY</b> <i>Xét nghiệm</i>	7 items	7 items
<ul style="list-style-type: none"> <li>• Complete blood count</li> <li>• Blood glucose test</li> <li>• Kidney function (Area, Creatine)</li> <li>• Liver function (AST, ALT, GGT)</li> <li>• Hepatitis B (HBsAg)</li> <li>• Anti-Hepatitis B (Anti-HBs)</li> <li>• Lipid profile</li> <li>• Anti-H.Pylori test</li> <li>• Urinalysis</li> <li>• Pap smear</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>×</li> <li>×</li> <li>✓</li> <li>×</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>×</li> <li>×</li> <li>✓</li> <li>×</li> </ul>
 <b>CONCLUSIONS &amp; RECORDS</b> <i>Tổng kết</i>	2 items	2 items
<ul style="list-style-type: none"> <li>• Concluding consultation</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> </ul>	<ul style="list-style-type: none"> <li>✓</li> </ul>

- Should include several laboratory tests and imaging investigation
- All vital organs function (i.e lung, heart, liver, kidney, blood system...) should be screened
- Together with doctors consultation



# Health Check-up Report

- A complete report with laboratory tests, X-ray, ultrasound findings
- With clinical information
- And doctors conclusion and recommendation





# A appropriate Health check-up for work permit...

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- To get the Health Certificate for work permit application
- To have a proper screening of your health status as a new comer to live in Vietnam









# CAREPLUS INTERNATIONAL CLINICS

CarePlus is an international standard clinic chain invested and operated by CityClinic Group (Singapore) and a member of Singapore Medical Group (SMG), a specialist and primary healthcare provider with a network of more than 20 medical specialties and 26 clinics across Singapore.

## CarePlus International Clinics

**In District 7:** Level 2, Crescent Plaza, 105 Ton Dat Tien, District 7, HCMC

**In Tan Binh:** 107 Tan Hai, 13, Tan Binh District, HCMC



# CONTACT INFO

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## CAREPLUS INTERNATIONAL CLINICS

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